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Pre-Operative Instructions

NOTHING to eat or drink after midnight the day before surgery unless you are taking blood pressure medication; take blood pressure medication with a small sip of water the morning of your surgery before you leave home.

(I understand that failure to follow these instructions may delay or CANCEL my surgical procedure.)

Unless your surgeon tells you otherwise, **DO NOT** take these medications 7-14 days prior to your procedure: (for additional medications see list)

Aspirin
Motrin/Ibuprofen
Vitamin E
Herbal Medications
Diet Pills

If you are taking blood thinning medications (ie: Plavix and Coumadin), ask your physician if you should continue taking them.

Diabetic Patients: DO NOT take your diabetes medicine (pills or insulin) the morning of your surgery. Your blood sugar will be checked on admission and will be treated as needed.

LEAVE all jewelry (body piercings, wedding bands, etc.) other valuables, and money home or with a family member.

BRING and eyeglass case or contact lens case and solution as necessary.

BRING your co-pay if applicable

OUTPATIENT PROCEDURES:

- I must have a responsible adult to drive me home AND stay with me for 24 hours
- I understand that a cab or bus driver **CANNOT** be made a responsible caregiver
- I cannot stay in a hotel after my procedure

I understand that my procedure may be rescheduled or cancelled if I do not have a responsible adult to drive me home and stay with me for 24 hours

INPATIENT PROCEDURES:

The surgeon will inform me of the expected day of discharge. Please ensure that the person taking you home arrives at the hospital by 11a.m. on the day of discharge to help facilitate discharge planning and instructions.

Common List of Aspirin, Blood thinners, and Compounds

Do not take products containing herbal compounds, aspirin, aspirin-like compounds, anti-coagulants, or ibuprofen for 7-10 days before surgery. If you are currently taking any medication listed below, please contact you're prescribing or family physician before stopping.

Aches-N-Pain	Clinoril	Heparin	Parnate
Advil (all)	Co-Advil	Ibuprofen Caps/Tabs	Pepto Bismol
Aleve Caps/Tabs	Congespirin	IBC-Tab	
Alka-Seltzer Pain Rel.	Cope	Indocin	Persantine
Alka-Seltzer Plus Cold	Cosprin	Indomethacin	Persistin
Alpha-Phed	CP-2	Lanorial	Plavix
Anacin	Coumadin	Lodine	Ponstel
Anaprox	Damason-P	Lortab ASA	Propoxyphene
Anodynes	Darvon	Magan	Robaxisal
Anexesia	Dasin Capsule	Magsal	Rowasa
Ansaid	Dia-Gesic	Marnal	Roxiprin
Anti-Inflammatory	Dicmarol	Marplan	Rufen
Arthralgen	Dinol	Measurin	SAC Tablets
Arthritis Pain Formula	Diasalcid	Meclomen	Saleto
Arthopan	Doan's Pills	Medipren	Salflex
Arthritis Strength Bufferin	Dolobid	Meprobamate	Salsalate
Argesic	Dolprin	Methocrabomol	Salsitab
ASA	Douprin	Micrainin	Sineaid
Ascriptin	Dristan Sinus	Midol	Sine-Off
Asperbuff	Duradyne	Mobigestic	SK-65 Compound
Aspergum	Durasal	Momentum	Solacal
Axotal	Dynosal	Mono-Gesic	Soma Compound
B-A-C	Easprin	Motrin (all)	Stanback
Bayer Aspirin (all)	Ecotrin	Nalfon	St. Joseph Aspirin
Bayer Plus	Efficien Tabs	Naprosyn	Supac
Bayer Maximum	Empirin	Nardil	Synalgos-DC
Bayer 8 Hour Ext.	Neocylate	Talwin Compound	Celebrex
Release	Equagesic	Norgesic	Tolectin
Bayer Therapy	Excedrin	Norwich Tabs	Toradol
Bayer Select Ibuprofen	Feldene	NSAID	Triaminicin
Bufferin (all)	Fiogesic	Nuprin	Trigesic
Buff Tabs	Fiorinal	Orphengesic	Trilisate
Butazolidin	Formula	Orudis	Uracel
Cama Arthritis	Caplets	Os-Cal	Ursinus Tabs
Cantharone Plus	4-way cold	Fish Oil	Vanquish
Carisoprodal	tablets	Pabalate	Verin
Gaysal-S	Gelprin	Panaconalgescic	Voltaren
Gemnisin	Haltran	Panwarfin	Zorprin